



**PARTICIPANT WAIVER**

I accept that running in a trail running race is a potentially hazardous activity, which could cause injury or death.

I will only enter and participate if I am medically able and properly trained, and by my accepting of these terms and conditions, I certify that I will be 18 years or over on the event day, am medically fit to participate in good health, and that I am properly trained.

I agree to comply with all conditions of entry. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any legitimate reason whatsoever or deem me unfit to continue during an event due to medical or any other reasons.

I will notify the West Macs Monster Race Director of any circumstance that could affect my ability to safely participate in the event.

I attest that I have read the rules of the race and agree to abide by them. I understand that total event distances and those distances listed between aid stations are approximate.

I assume all risks associated with running in this event, including but not limited to: falls, contact with the ground or other participants, the effects of the weather, including high heat or cold, traffic and the conditions of the running surface, all such risks being known and appreciated by me. I will acquire my own appropriate insurances to cover me in the event that I am injured, harmed or suffer a loss in any form during the West Macs Monster event. I understand that any expense associated with provision of professional medical care, extrication from the course or transport to hospital by any means, including helicopter, ambulance or other appropriate means will be a my cost.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate, ongoing, promotional purpose.

Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Alice Springs Running and Walking Club, Parks and Wildlife NT, the West Macs Monster race committee and all event sponsors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signed

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Name

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Date

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